HARM REDUCTION AND TREATMENT INTEGRATION MEETING

Reaching the 95%

SAPC | Substance Abuse Prevention and Control

County of Los Angeles Public Health

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Interim Director and Medical Director
Substance Abuse Prevention and Control
County of Los Angeles, Dept of Public Health

September 18, 2026

SAPC | Substance Abuse Prevention and Control

County of Los Angeles Public Health

About SAPC

- The Department of Public Health's Bureau of Substance Abuse Prevention and Control (DPH-SAPC) oversees the most diverse and comprehensive continuum of SUD services in California.

SUBSTANCE ABUSE SERVICE HELPLINE
24/7 **1.844.804.7500**

CENS
Client Engagement and Navigation Services

CET
Community Engagement Team

- SAPC is committed to innovative, equitable, and quality-focused substance use **Prevention**, **Harm Reduction**, **Treatment**, and **Recovery Services**.

DPH-SAPC Contracted Provider Network*

PREVENTION
- **29** provider agencies
- **133** site locations
- **148,324** served

HARM REDUCTION
- **16** provider agencies
- **100** site locations
- **200,000** served

TREATMENT AND RECOVERY
- **80** provider agencies
- **254** site locations
- **33,800** served

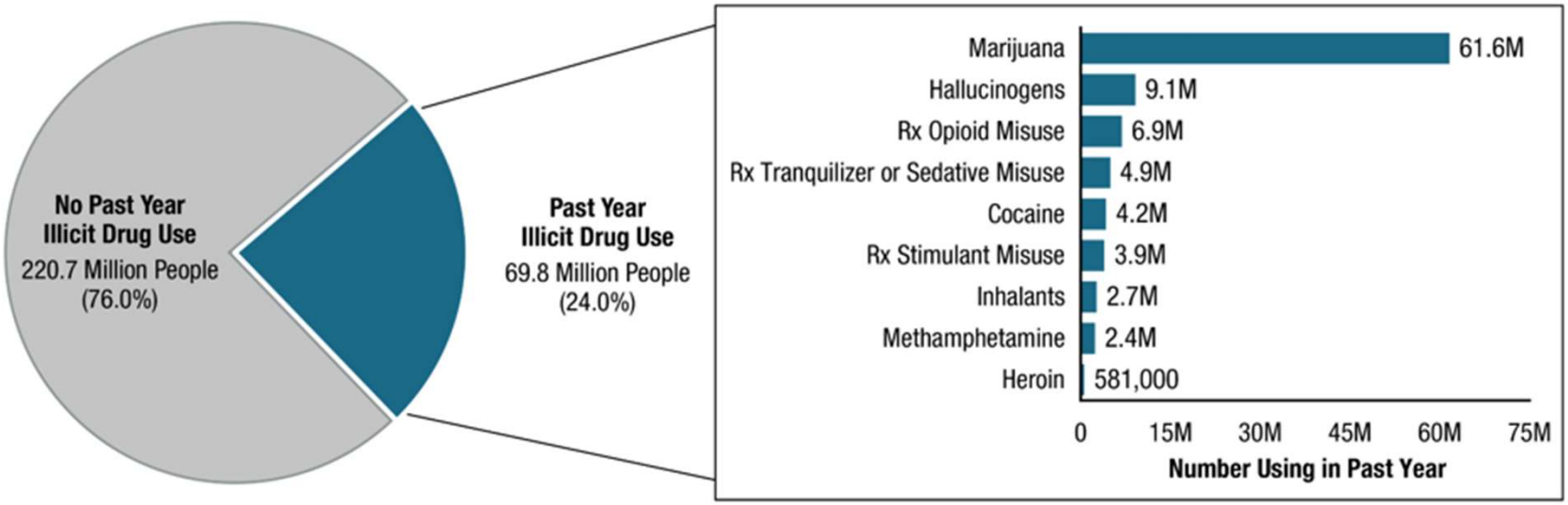
Recovery Housing
- **27** provider agencies
- **170** site locations
- **4,752** served

*For persons served, all numbers are annual

SAPC Website: ph.lacounty.gov/sapc/ | SAPC Strategic Plan - 2023-2028: ph.lacounty.gov/sapc/docs/providers/SAPC-Strategic-Plan-2023-2028.pdf

07APR2026

Past Year Illicit Drug Use: Among People Aged 12 or Older; 2025



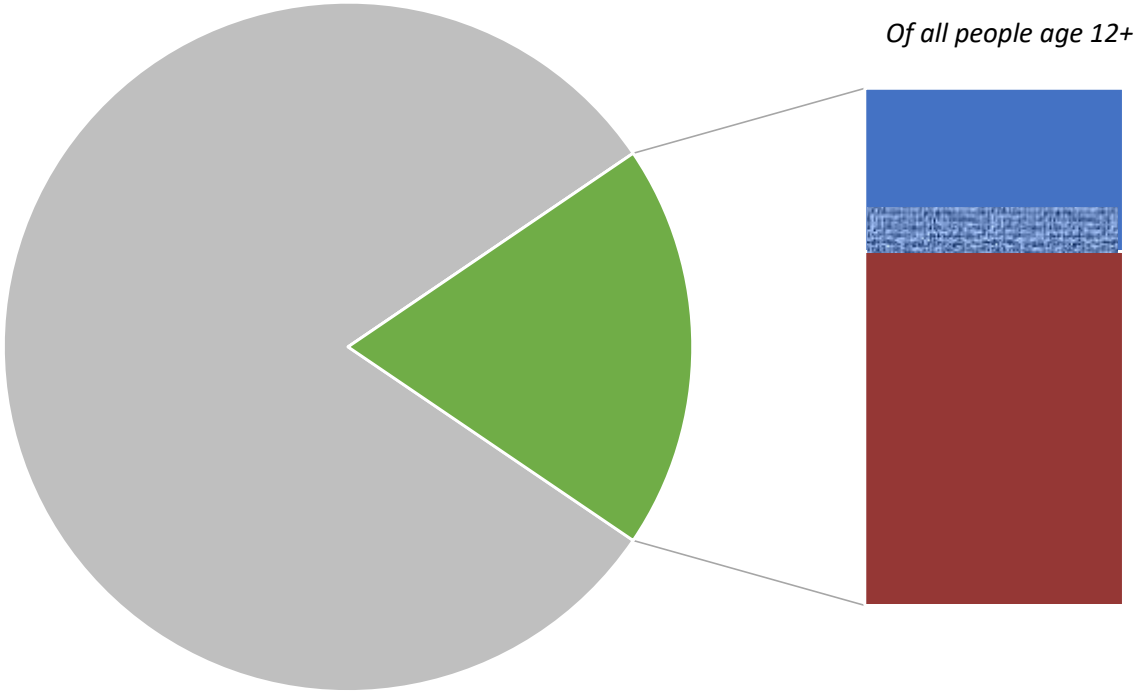
Rx = prescription.

Note: The estimated numbers of past year users of different illicit drugs are not mutually exclusive because people could have used more than one type of illicit drug.

Substance Abuse and Mental Health Services Administration. (2026). *Key substance use and mental health indicators in the United States: Results from the 2025 National Survey on Drug Use and Health* (HHS Publication No. PEP26- 07-010, NSDUH Series H-61). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. http://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-andhealth/national-releases/2025

Very few people with SUD seek treatment

SUD treatment is something few people with SUD receive



Of all people age 12+ with SUD…

16% received **any sort of treatment** including settings such as primary care, hospital, mental health, prison or other carceral setting

Just under **6%** received treatment in a **specialty SUD treatment setting**

*94% of people with SUD did not receive SUD treatment in a **specialty setting***

VL1

84% did not receive **any SUD treatment**

Substance Abuse and Mental Health Services Administration. (2026). *Key substance use and mental health indicators in the United States: Results from the 2025 National Survey on Drug Use and Health* (HHS Publication No. PEP26- 07-010, NSDUH Series H-61). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. http://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-andhealth/national-releases/2025

Slide 4

VL1 [@Brian Hurley] flagging as they don’t specify specialty anymore and we’re using this number as an estimate from past surveys. Not sure if you wanted us to note that on the slide or just speak to it.

Vanessa Lam, 2026-09-10T23:08:12.009

BH1 0 We don’t need to change the slide - I can just mention this is what we have from prior editions of the survey.

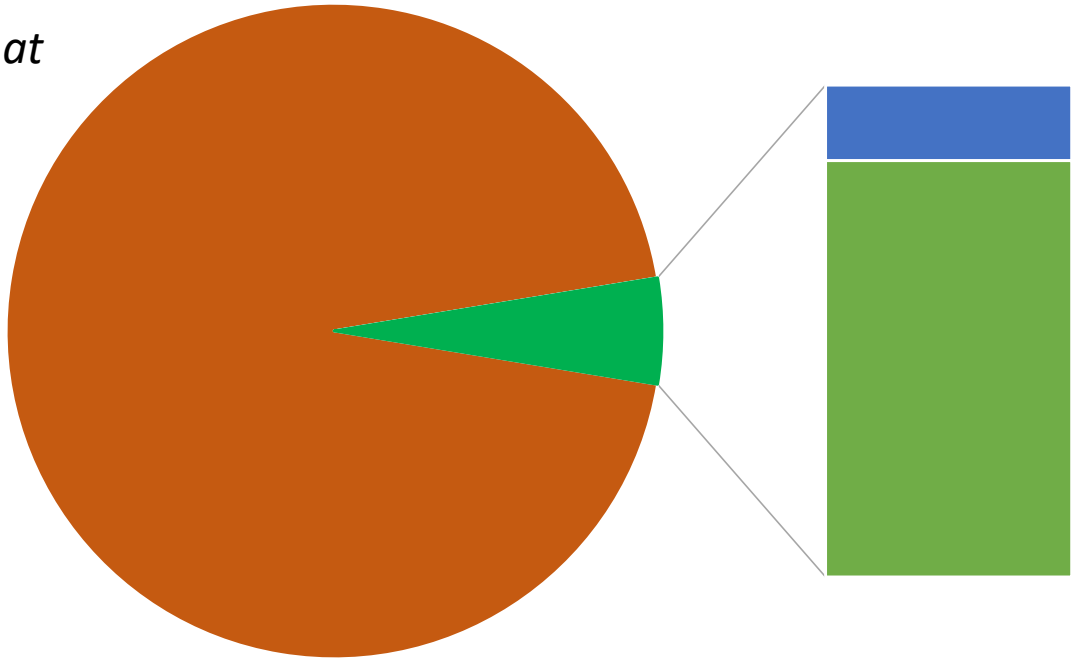
Brian Hurley, 2026-09-14T21:29:27.253

Improve Access → Reach Out To Those We've Missed

Evolve the SUD treatment system supports people with SUD to access services

Of people with SUD that did not access treatment…

94.5% did not seek treatment and did not think they needed treatment



0.5% thought they should get treatment and unsuccessfully sought treatment

5% thought they should get treatment but did not seek it

Substance Abuse and Mental Health Services Administration. (2026). *Key substance use and mental health indicators in the United States: Results from the 2025 National Survey on Drug Use and Health* (HHS Publication No. PEP26- 07-010, NSDUH Series H-61). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. http://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-andhealth/national-releases/2025

“The opposite of addiction is NOT sobriety; the opposite of addiction is connection.”

- Johann Hari, British-Swiss Writer

A Continuum of Substance Use Interventions

Youth Development & Health Promotion
- Programs at school- and community-level

Drug Use Prevention
- Universal, selected, and indicated prevention

Harm Reduction → Currently largely serves people who are using drugs and not yet interested in SUD treatment
- Low threshold services proven to reduce morbidity and mortality, including outreach, overdose prevention (naloxone and fentanyl test strip distribution, etc), syringe exchange, peer services, linkages to SUD treatment and other needed services, etc.

SUD Treatment & Recovery → Currently largely serves people who are ready for abstinence
- Involves a spectrum of settings: opioid treatment programs, outpatient, intensive outpatient, residential, inpatient, withdrawal management, Recovery Services, Recovery Bridge Housing, field-based services, care coordination and navigation, etc.

Surveillance of drug use and its community impact

Slide Credit: Adapted from Agència de Salut Pública de Barcelona

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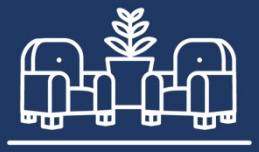
Harm Reduction Services

Harm Reduction Supplies Access

Syringe Exchange & Disposal

Naloxone and Test Strips

Medications for Addiction Treatment



Drop-In Centers

Linkage to Ho using Services

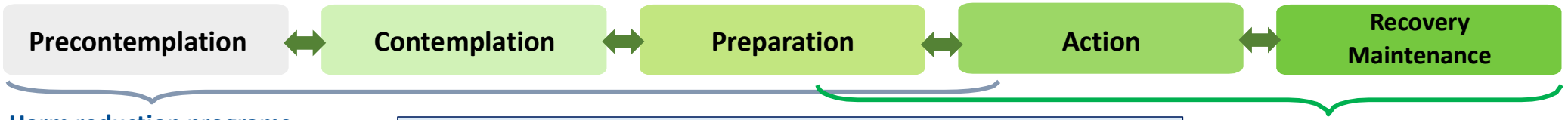
Pharmacy Access

Referrals for Needed Services

<u>GOAL</u>: Meeting people where they are, both figuratively and literally

While brick and mortar locations are needed, mobile services that go out to people who are unlikely to go to brick and mortar locations are also needed

Stages of Change



Harm reduction programs

- Initial engagement
- Harm reduction supplies
- Skills development to reduce risks
- Linkage to health care and social services
- Outreach: street teams
- Low-threshold medications for addiction treatment

Recovery is Possible!

- Of those in the U.S. with a history of substance use disorder, 75% are in recovery

Harm Reduction is Essential

- Harm reduction is practiced all across health care settings and services
- In the context of the worst overdose crisis in history, harm reduction reduces mortality risks, increases treatment access and access to other health and social services, and supports recovery

Treatment programs

- Biopsychosocial treatment for substance use (including medication services, individual and group therapy)
- Linkage to other medical and social services
- Crisis care

Aligning Services with Readiness is Essential

- Addiction is chronic and recurrent, and not all people are at the same stage of readiness to change.
- Only focusing on individuals in some stages of change as opposed to ALL stages of change limits service reach and impact → We need the widest service net possible

Slide Credit: Adapted from Agència de Salut Pública de Barcelona

People who use harm reduction services are...

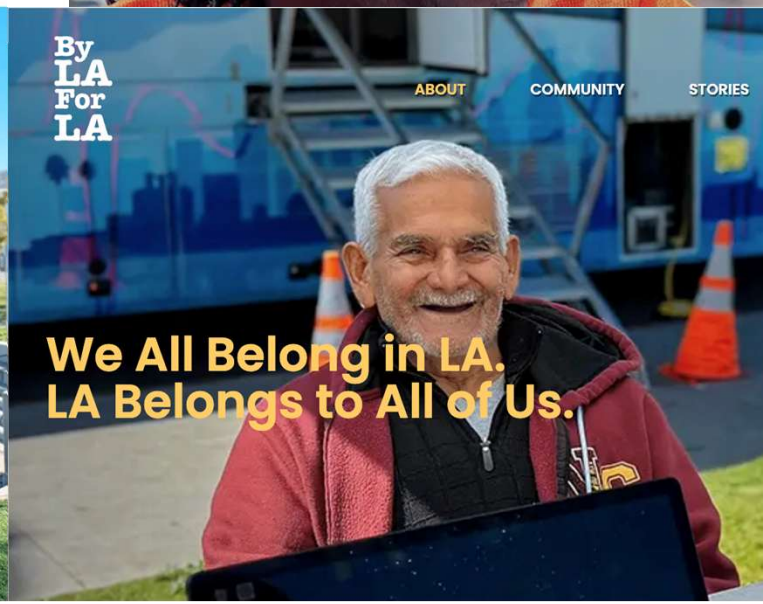
more likely to reduce or stop using drugs

more likely to participate in drug treatment

Centers for Disease Control and Prevention. (2023, November 14). Syringe services programs (SSPs). U.S. Department of Health & Human Services. https://www.cdc.gov/syringe-services-programs/php/index.html

ByLAForLA.org

LA County Departments of Public Health and Health Services campaign to fight stigma and build support for and use of community services.



ByLAForLA.org

:30

"I want us to get to a place where when we see someone having a tough moment, we recognize their humanity is as valuable and irreplaceable as our own."

Dr. Ricky, *Los Angeles*
Public Health Professor, USC

Harm Reduction Approach is Patient Centered

Assessment

- What does the patient want? Why now?
- Does the patient have immediate needs?
- Multidimensional assessment aligned with patient readiness?

Service Planning

- Identify most important to determine treatment priorities
- Patient invited to choose tangible goals for each priority
- What specific services are needed?

Level of Care Placement

- What "dose" or intensity of these services is needed?
- Where can these services be provided, in the least intensive and most appropriate LOC?
- What is the progress of the plan and the patient's desired outcomes?

Better Blending Treatment & Harm Reduction

We know recovery is a continuum, but the separation and programmatic divide between treatment and harm reduction services is often wide and needs to be addressed to better match the continuum of SUD services with client experience.

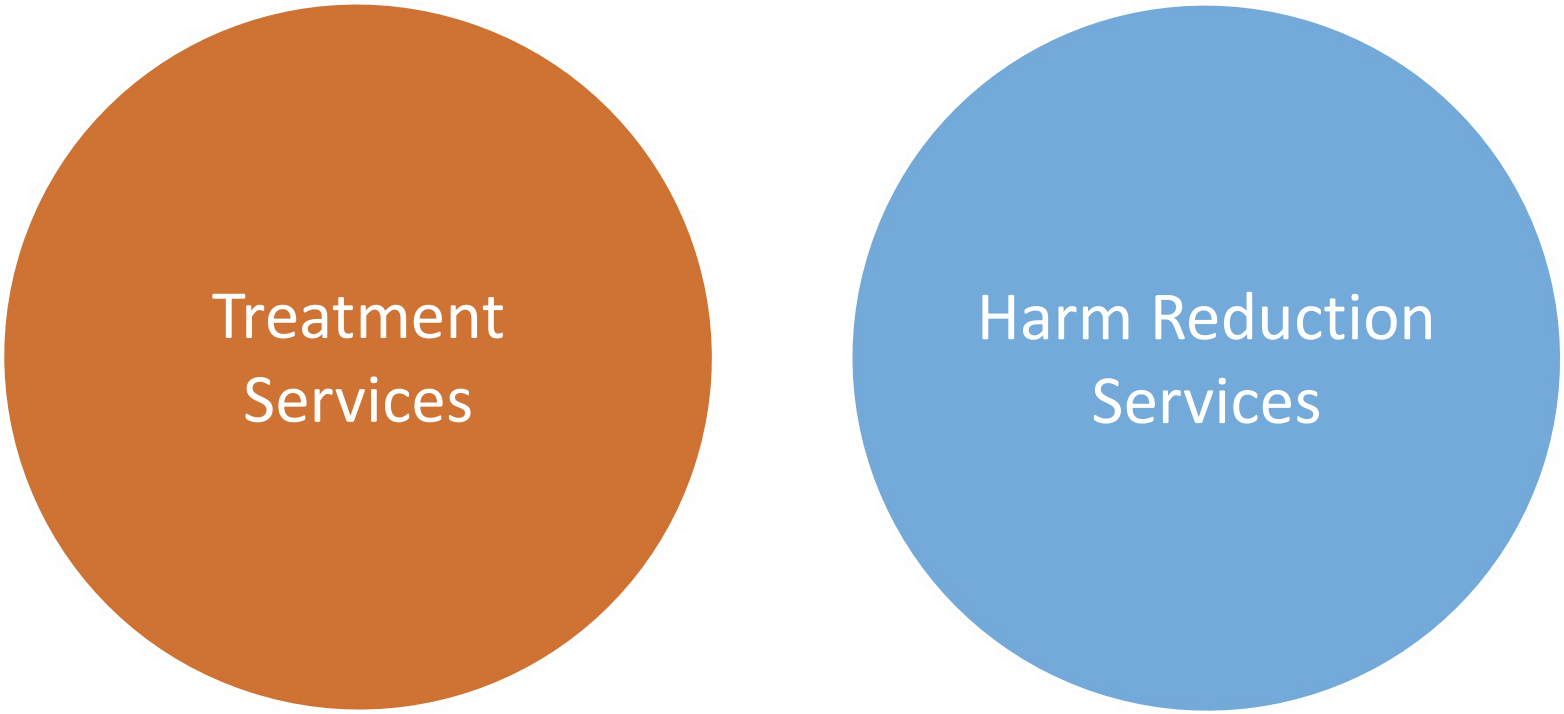
Better integrating treatment and harm reduction services within agencies is both a cultural and operational issue, with the cultural issue being the more challenging to address.

- Achieving this goal will require addressing this from both angles and will require agency-level interventions on top of what SAPC focuses on given that agencies have different cultures and agency leadership know their culture best.

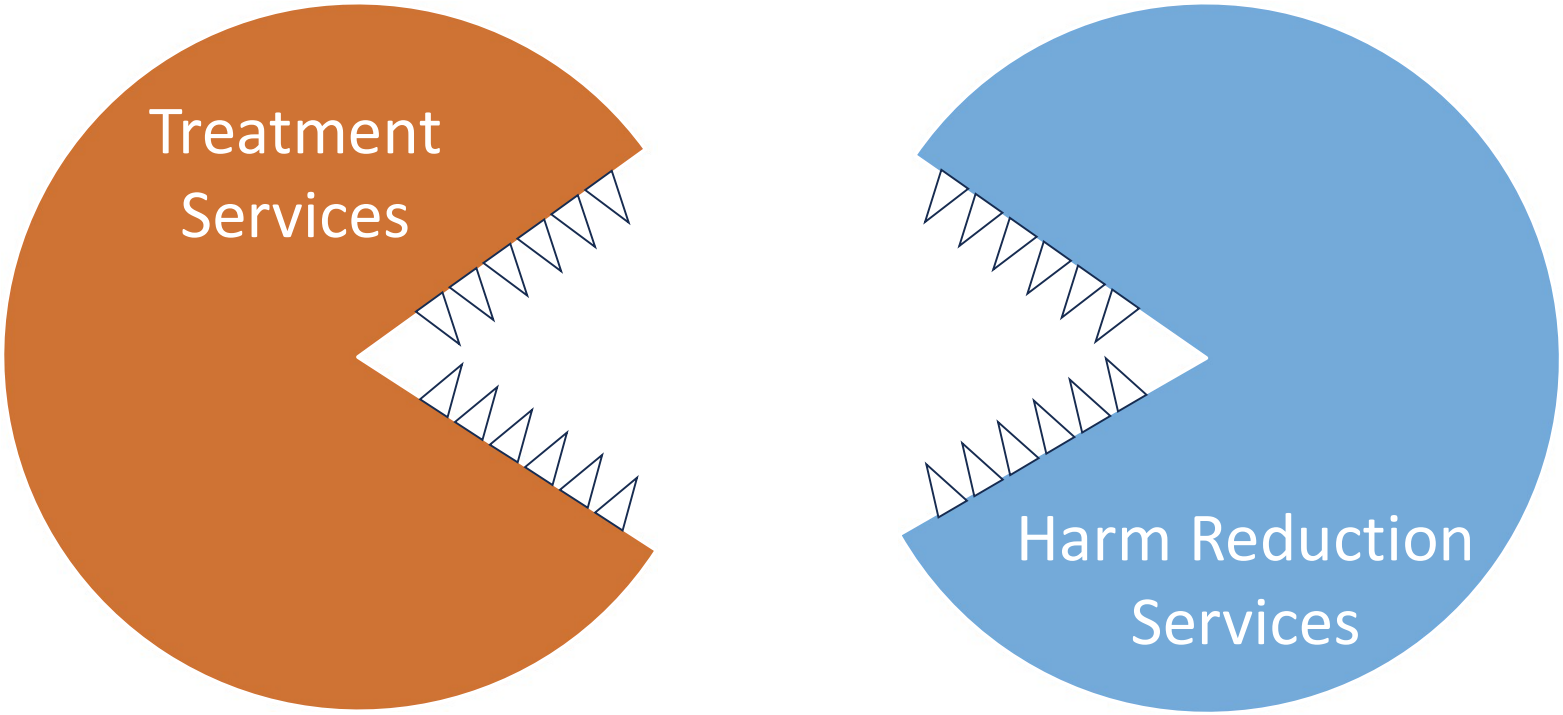
Ingredients for culture change at the agency-level

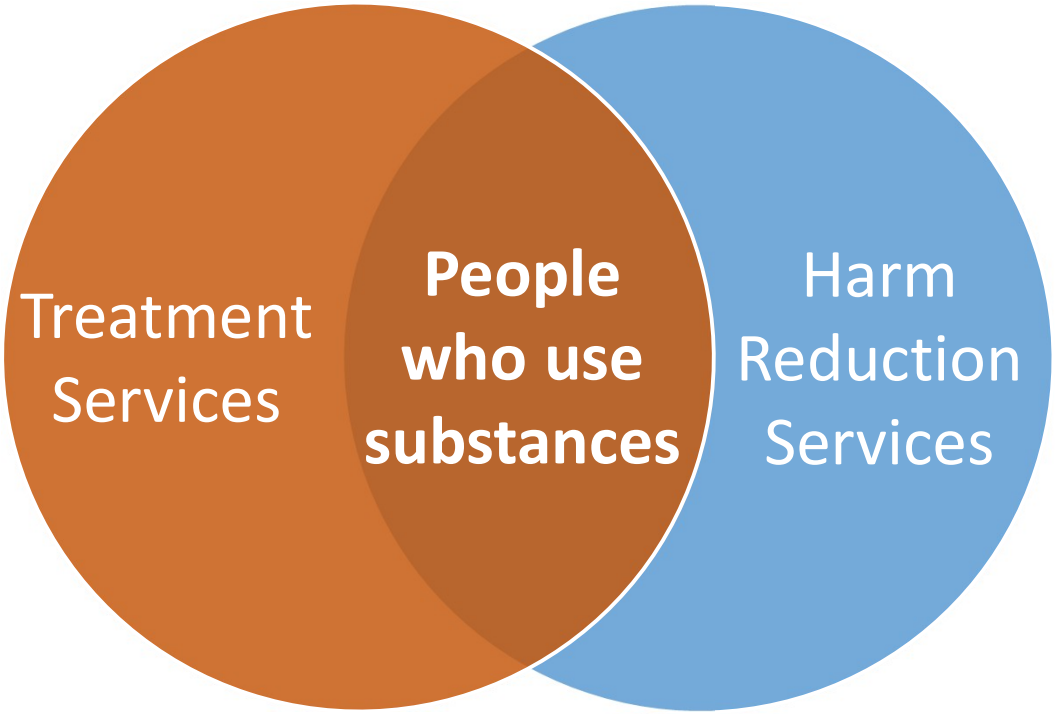
1. Knowing what we're dealing with – Opening the door for discussions to explore staff thoughts/feelings around this topic (e.g., individual/supervision/staff meetings, office hours, etc.) --> **ESSENTIAL FOCUS!**
2. Leadership making the end goal clear – Aligning the agency and staff
3. Evaluating progress – How do we know when treatment and harm reduction service are more integrated?
4. Adjusting approaches as needed – Our evaluations will allow us to modify our interventions to more effectively achieve this integration

Problematic Conceptualization



Problematic Conceptualization




Treatment Services
People who use substances
Harm Reduction Services

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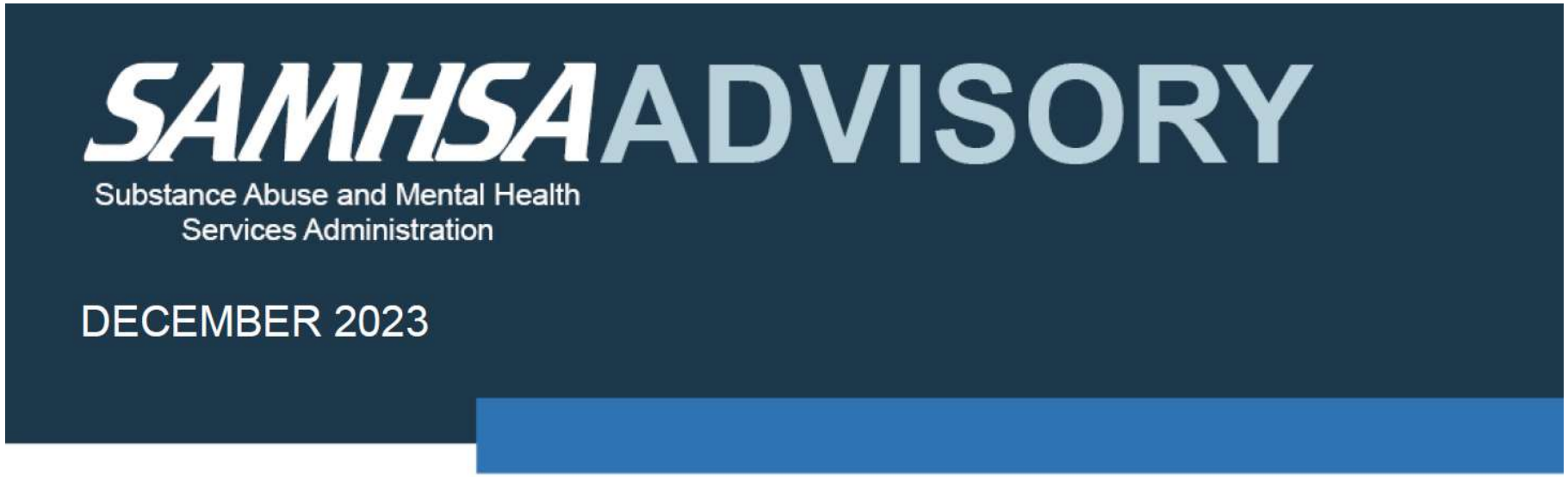


ADVISORY: LOW BARRIER MODELS OF CARE FOR SUBSTANCE USE DISORDERS

Principles and Components of Low Barrier Models of Care

http://web.archive.org/web/20250125082906/https://www.samhsa.gov/resource/spark/low-barrier-models-care-substance-use-disorders

http://web.archive.org/web/20250124042408/https://library.samhsa.gov/sites/default/files/advisory-low-barrier-models-of-care-pep23-02-00-005.pdf

SAMHSA Principles of Low Barrier Models of Care

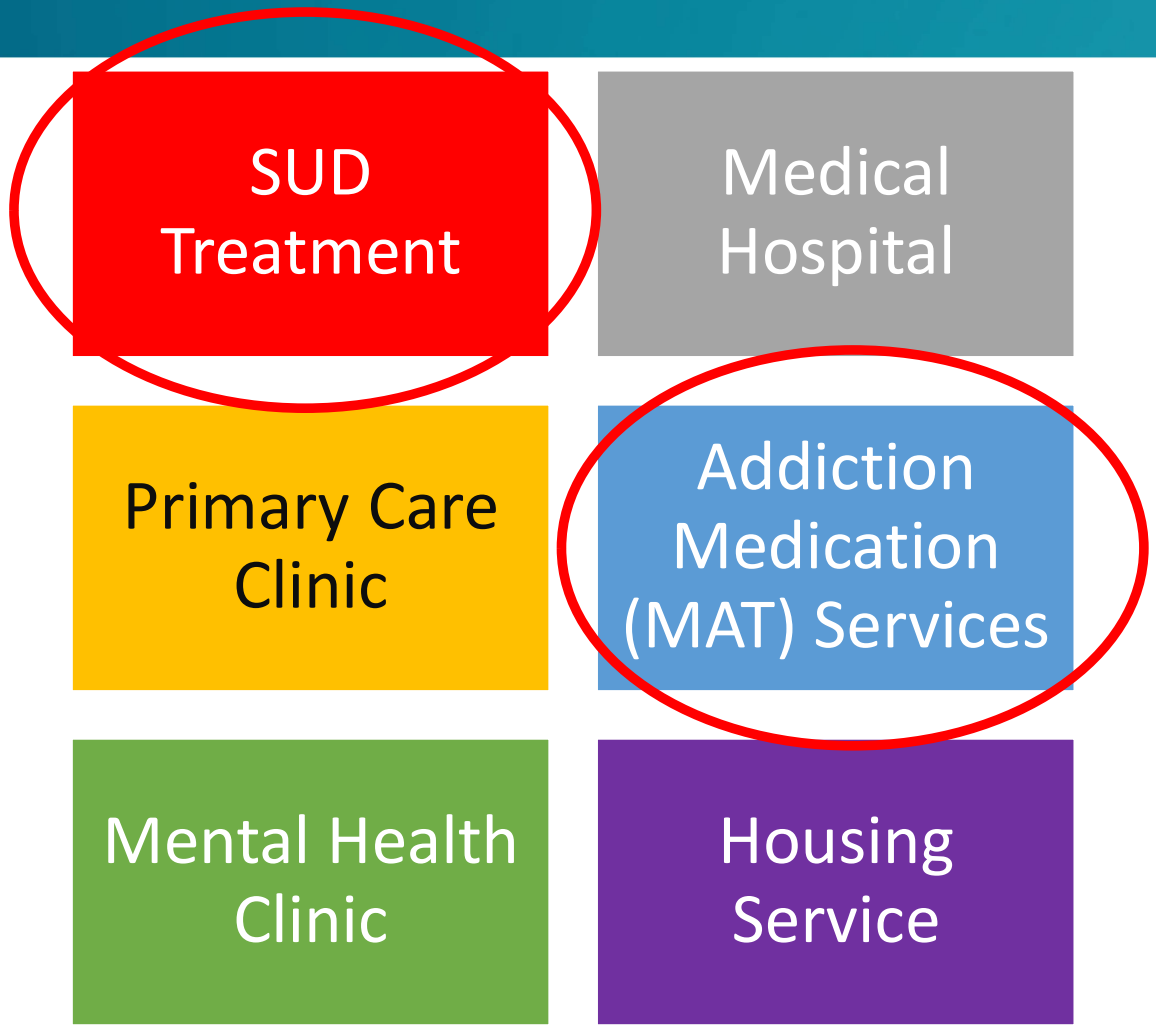
- Person-centered care
- Harm reduction and meeting the person where they are
- Flexibility in service provision
- Provision of comprehensive services
- Culturally responsive and inclusive care
- Recognize the impact of trauma

http://web.archive.org/web/20250125082906/https://www.samhsa.gov/resource/spark/low-barrier-models-care-substance-use-disorders
http://web.archive.org/web/20250124042408/https://library.samhsa.gov/sites/default/files/advisory-low-barrier-models-of-care-pep23-02-00-005.pdf

SAMHSA Components of Low Barrier Models of Care

- Available and accessible
- Flexible
- Responsive to patient needs
- Collaborative with community-based organizations
- Engaged in learning and quality improvement

http://web.archive.org/web/20250125082906/https://www.samhsa.gov/resource/spark/low-barrier-models-care-substance-use-disorders
http://web.archive.org/web/20250124042408/https://library.samhsa.gov/sites/default/files/advisory-low-barrier-models-of-care-pep23-02-00-005.pdf


SUD Treatment
Medical Hospital
Primary Care Clinic
Addiction Medication (MAT) Services
Mental Health Clinic
Housing Service

Addiction Treatment
including Addiction Medications

Medical Hospital
offering Addiction Tx

Primary Care Clinic
providing Addiction Tx

Mental Health Clinic
providing Addiction Tx

Housing / Social Service
linking people to Addiction Tx

Barrier Level	Requirements and Approach [35,36,37,38,39,40]	Requirements and Approach (medication only)	Availability [41,42,43,44,45]
High Barrier Care	• Requirements for current or previous engagement with specific services. • Visit frequency based on a rigid, pre-determined schedule. • Treatment discontinuation due to ongoing substance abuse. • Treatment goals imposed. • Abstinence as the primary goal for all clients, all the time.	• Two or more visits before medication. • Clinic initiation required. • Limited medication formulation options. • Uniform maximum dosage. • Induction required to restart medication.	• Treatment only available at specialty SUD programs. • Non-integrated or limited-service offerings. • One or more day wait to initiate treatment, appointment required. • Traditional hours of operation. • Services only available in-person.

Jakubowski, A., Fox, A. (2020). Defining Low-threshold Buprenorphine Treatment. J Addict Med. 2020 Mar/Apr;14(2):95-98. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC7075734

Barrier Level	Requirements and Approach [35,36,37,38,39,40]	Requirements and Approach (medication only)	Availability [41,42,43,44,45]
Low Barrier Care	• No service engagement conditions or preconditions. • Visit frequency based on clinical stability. • Ongoing substance use does not automatically result in treatment discontinuation. • Client's individual recovery goals prioritized. • Reduction in substance use and engaging in less risky substance use as acceptable goals.	• Medication at first visit. • Home initiation permitted. • Various medication formulations offered. • Individualized medication dosage. • Rapid re-initiation of medication after short-term disruption.	• Treatment available in non-specialty SUD settings. • Other clinical and non-clinical services incorporated into SUD treatment settings. • Same-day treatment availability, no appointment required. • Extended hours of operation. • Telehealth and in-person services available.

Jakubowski, A., Fox, A. (2020). Defining Low-threshold Buprenorphine Treatment. J Addict Med. 2020 Mar/Apr;14(2):95-98.
Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC7075734

Engagement and Retention of Nonabstinent Patients in Substance Use Treatment

Clinical Consideration for Addiction Treatment Providers

American Society of Addiction Medicine. Engagement and Retention of Nonabstinent Patients in Substance Use Treatment: Clinical Consideration for Addiction Treatment Providers. October 2024. https://www.asam.org/quality-care/clinical-recommendations/asam-clinicalconsiderations-for-engagement-and-retention-of-non-abstinent-patients-in-treatment

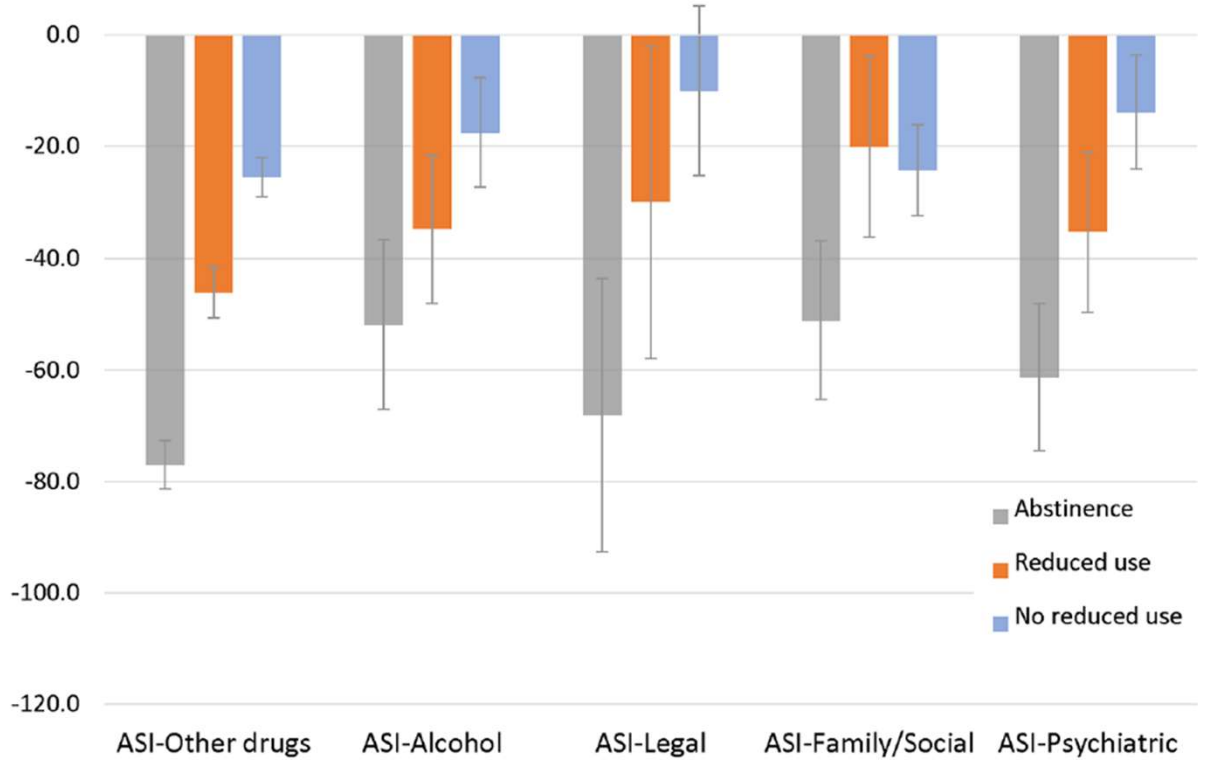
Summary of Recommended Strategies

1. Cultivate patient trust by creating a welcoming, nonjudgmental, and trauma-sensitive environment.
2. Do not require abstinence as a condition of treatment initiation or retention.
3. Optimize clinical interventions to promote patient engagement and retention.
4. Only administratively discharge patients from treatment as a last resort.
5. Seek to re-engage individuals who disengage from care.
6. Build connections to people with SUD who are not currently seeking treatment.
7. Cultivate staff acceptance and support.
8. Prioritize retention of front-line staff.
9. Align program policies and procedures with the commitment to improve engagement and retention of all patients, including nonabstinent patients.
10. Measure progress and strive for continuous improvement of engagement and retention.

American Society of Addiction Medicine. Engagement and Retention of Nonabstinent Patients in Substance Use Treatment: Clinical Consideration for Addiction Treatment Providers. October 2024. https://www.asam.org/quality-care/clinical-recommendations/asam-clinicalconsiderations-for-engagement-and-retention-of-non-abstinent-patients-in-treatment

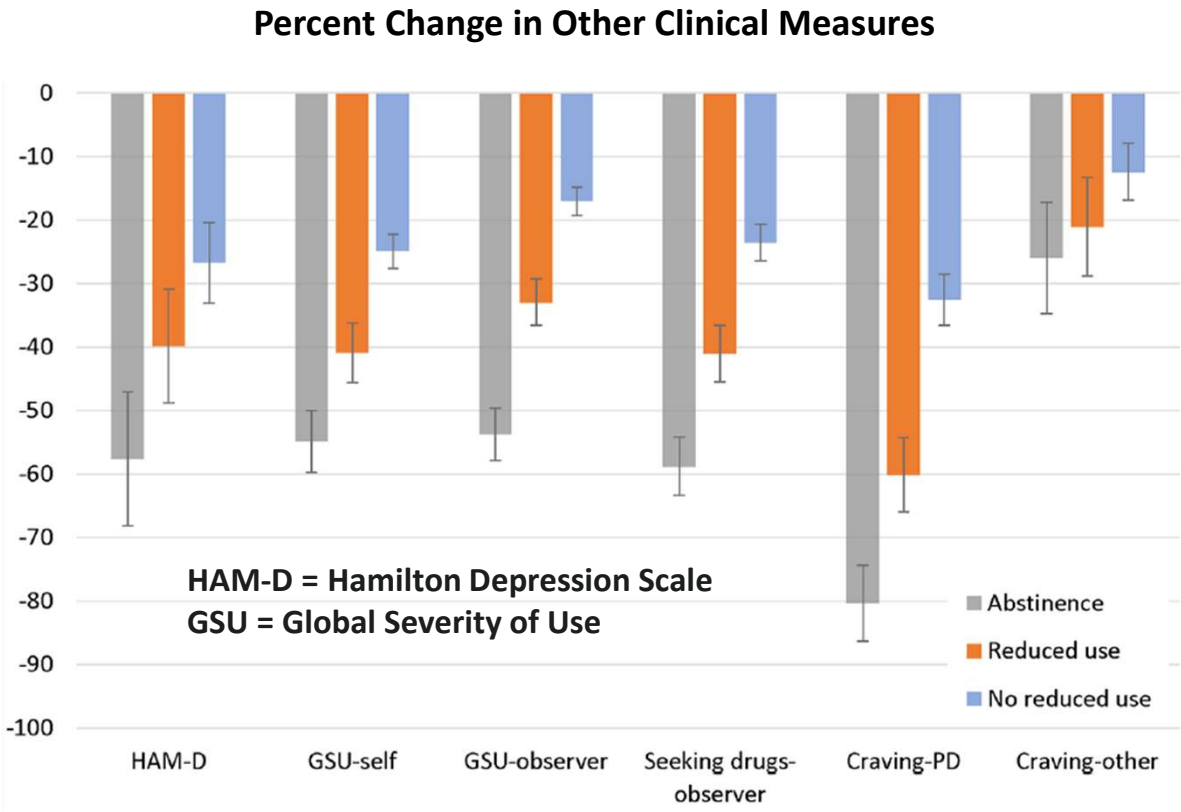
Reduced drug use as an alternative valid outcome in individuals with stimulant use disorders: Findings from 13 multisite randomized clinical trials

Percent Change in Addiction Severity Index (ASI) Composite Score Subscales



Aminesmaeili et al. (2024). *Reduced drug use as a valid outcome in stimulant use disorders. Addiction*, 119(5), 833–843. https://pubmed.ncbi.nlm.nih.gov/38197836

Reduced drug use as an alternative valid outcome in individuals with stimulant use disorders: Findings from 13 multisite randomized clinical trials



Aminesmaeili et al. (2024). *Reduced drug use as a valid outcome in stimulant use disorders. Addiction*, 119(5), 833–843. https://pubmed.ncbi.nlm.nih.gov/38197836

Legislative update

AB 1037: The Substance Use Disorder Care Modernization Act

- Expands settings for risk reduction education
- Removes requirement to be abstinent for 24 hours prior to re/admission
- Streamlines SUD residential facility licensing and certification to provide MAT/Addiction Medication
- Recognizes Naloxone as an FDA-approved medication to be available over the counter

AB 309: Hypodermic needles and syringes

- Removes January 1, 2026, sunset of physician and pharmacist ability to provide safe hypodermic needles and syringes to prevent disease spread

Panel Discussion

Brandon Fernandez, CRI-Help

Amanda Carnegie, Behavioral Health Services

Melisa Chavez, VelNonArt Transformative Health

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County of Los Angeles Public Health

Behavioral Health Services, Inc.

MLK Respite & Recovery Center

Overview of the MLK BHC

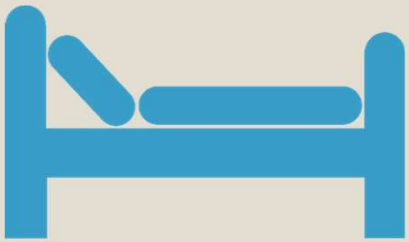
- The Martin Luther King, Jr. Behavioral Health Center (MLK BHC) is a resource hub for a continuum of care that delivers treatment and wraparound services in one location.
- The MLK BHC provides integrated MH and SUD inpatient, outpatient, detoxification, sobering, and other supportive services for some of LA County's most vulnerable populations.

BHS-MLK Respite &Recovery Center

- The BHS RRC is designed to decrease the volume of inappropriate ambulance trips, visits to emergency departments or detention facilities due to intoxication, discharge from other treatment or care due to intoxication, by offering low-barrier, walk-in, 24/7/365 service.

- Our Sobering Center program is funded by SAPC as an intermediary to managed care plans. Our withdrawal management program is SAPC-contracted and licensed to provide ASAM LOC 3.2 WM services.

- Our co-location model allows maximum flexibility and stabilization for individuals who are acutely intoxicated or withdrawing from alcohol and/or drugs by offering the two collaborative services within the same program.



Sobering

- The Sobering Center provides a safe and substance-free environment for people to recover from active substance use.
- Clients are able to remain within program for 23 hours and 59 minutes before transitioning onto continuing care or back into community.
- Clients are monitored by registered nursing staff, and linked with ongoing care as needed.
- Clients are provided a bed, nutrition, hydration, access to showers, laundry services, etc.
- When possible, referrals are made to WM, other BHS/SAPC providers, or other services.
- Participants must be at least 18 years of age, medically stable, and test positive for alcohol or other substances at admission. 12 bed capacity.

Withdrawal Management

- MLK Respite & Recovery Center offers LOC 3.2 Residential Withdrawal Management. Services are voluntary and include screening, assessment, treatment planning, group & individual counseling, peer support services, medication management &care coordination.
- 18 bed capacity for adults of all genders
- Interdisciplinary team of physicians, nurses, clinicians, substance abuse counselors, peer specialists, and administrative personnel.
- Services provided for up to 14 days for adults that are experiencing withdrawal symptoms from drug and alcohol requiring 24-hour short-term residential management services to achieve successful withdrawal
    - Clients may link to MAT, mental health, other LOCs, and other services in-house via warm handoff or direct service provision

EMS Designation

- MLK Respite & Recovery Center was designated as an Alternate Destination by LA County DHS in September of 2025, allowing the site to receive referrals directly from paramedics and police. It is the only Sobering Center in Southern California with this designation.
- The goal of this referral stream is to reduce unnecessary burden on emergency medical systems or carceral systems by placing intoxicated persons who do not actually require acute medical care nor arrest into a sobering center bed rather than ED bed or jail.
- This designation does require membership with the National Sobering Collaborative, approved EMS policies and procedures including vetted exclusionary and inclusionary criteria for appropriate referrals, 24/7 registered nursing staff, and ongoing outreach and education to local law enforcement and EMS providers.

Contact Information

BHS MLK Respite & Recovery Center
12021 Wilmington Avenue, Building 18, Suites 101-102
Los Angeles, CA 90059
Phone: 424-454-6001

Amanda Rago-Carnegie, LMFT
Divisional Director of Residential Treatment Services
Behavioral Health Services, Inc.
Email: acarnegie@bhs-inc.org
Phone: 562-400-0242

Panel Discussion

Brandon Fernandez, CRI-Help

Amanda Carnegie, Behavioral Health Services

Melisa Chavez, VelNonArt Transformative Health

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Large group discussion

For Harm Reduction: What makes referrals to treatment hard?

For Treatment: What makes referrals to harm reduction hard? When do you/would you refer?

For Everyone:

When do you/would you refer?

What do successful, streamlined referrals look like? What's the *ideal*?

Additional questions?

DON'T FORGET TO SIGN IN
Scan with your phone camera or use a web browser:
tinyurl.com/HarmReductionIntegrationSignIn

Resources

SAPC website

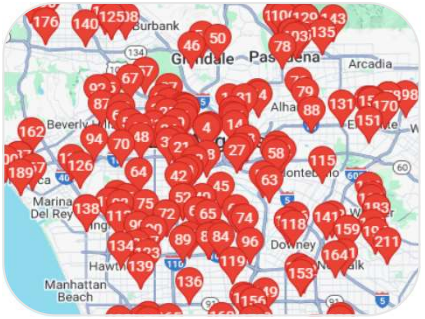
http://publichealth.lacounty.gov/sapc

Substance Abuse Services Helpline

(844) 804-7500

RecoverLA.org

Even better on a mobile device



Service & Bed Availability Tool (SBAT)

http://SUDHelpLA.org

Month	Meeting/Training	Details
September	**Harm Reduction and Treatment Integration** *Enhancement eligible: Harm reduction*	**Topic:** Meeting with harm reduction and treatment providers to identify opportunities for collaboration to best serve Angelenos with SUD across the SAPC and recovery spectrum. **Date:** Friday, September 18, 2026, 1:00pm-3:00pm **Location:** Zev Yaroslavsky Family Support Center RED/PINE Room Combo, 7555 Van Nuys Blvd, Van Nuys, CA 91405 **Registration:** https://sapccis.ph.lacounty.gov/registration/registration.aspx?ID=227
October	**R95 Workgroup: Pregnant and parenting clients** *Enhancement eligible: R95*	**Topic:** Service design considerations for pregnant and parenting clients in different levels of treatment. **Date:** Thursday, October 1, 2026, 11:00am-12:30pm **Location:** Behavioral Health Services (BHS) Training Center, 15519 Crenshaw Blvd., Gardena, CA 90249 **Registration:** https://sapccis.ph.lacounty.gov/registration/registration.aspx?ID=228
November	November 2, 2026: **VBI Activity 3-I R95 Policies and Client-Facing Agreements** due	
	Harm Reduction and Treatment Integration *Enhancement eligible: Harm reduction*	**Topic:** Meeting with harm reduction and treatment providers to identify opportunities for collaboration to best serve Angelenos with SUD across the SAPC and recovery spectrum. **Date:** Tuesday, November 17, 2026, 10:00am-12:00pm **Location:** Helpline Youth Counseling, 14181 Telegraph Road, Whittier, CA 90604 **Registration:** https://sapccis.ph.lacounty.gov/registration/registration.aspx?ID=229
December	**R95 Workgroup: RYSE Initiative and Youth** *Enhancement eligible: R95*	**Topic:** Engaging and supporting youth through recovery. **Date:** Thursday, December 17, 2026, 10:00am-11:30am **Location:** Zev Yaroslavsky Family Support Center SEQ/JOS Room Combo, 7555 Van Nuys Blvd, Van Nuys, CA 91405 **Registration:** https://sapccis.ph.lacounty.gov/registration/registration.aspx?ID=230

R95 FY 26-27 Calendar

SAPC | Substance Abuse Prevention and Control

County of Los Angeles Public Health

R95 Support for Treatment Agencies

R95 101 Training for Frontline Staff

In-person trainings per agency to address staff questions and concerns about real life application of R95 principles

Request by email or through Booking

R95 Value-Based Incentive TA

Virtual meeting to discuss specific R95 topics and/or Value-Based Incentive deliverables

Request by email or through Booking

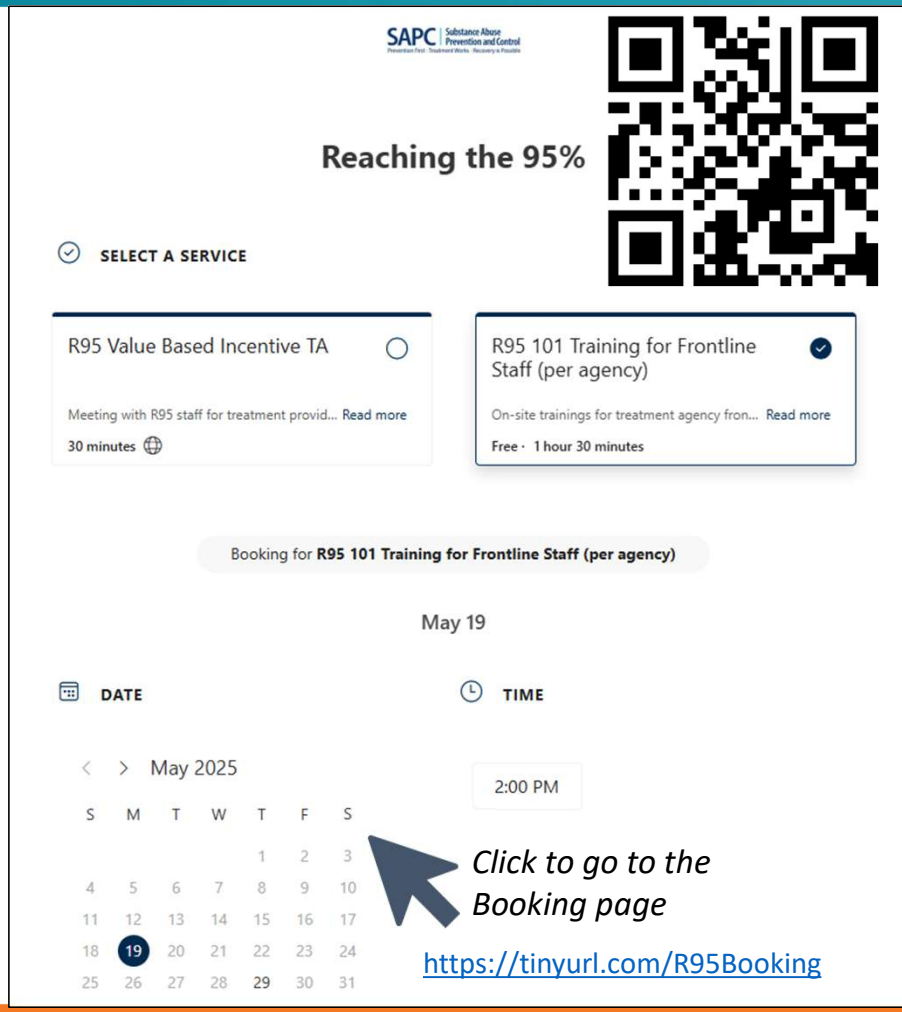
R95 Consultation Line for Providers

(626) 210-0648

M-F 8:30am-5:00pm, excluding County holidays

R95 Virtual Monthly Office Hour (3rd W, 9:00am)

Monthly Teams meeting with R95 overview and updates with dedicated time for agency questions



Thank You!

R95 in Practice

SAPC works hand in hand with SUD treatment provider agencies to operationalize the R95 Initiative, lowering barriers and centering system and service design around people with SUD. The profiles below provide real insights to what these changes mean for SUD treatment agencies, their staff, and their clients.

Featured Agencies	
CRI-Help	Building Staff Alignment to Support Lower-Barrier, Client-Centered Care
Families for Children	Strengthening Access and Engagement with R95 and Stages of Change Group Design
Pax House Recovery	Implementing R95 in a Small Provider Setting: A Behavior-Based Approach
Safe Refuge	Building Staff Engagement in Discharge Practices Through Transparent Communication

*New resource available on Reaching the 95% (R95) Initiative website